

# Woman's Page

### Packing as a Fine Art—Don't Fold Your Garments Before Perfectly Dry—Tissue Paper an Essential to Good Packing—Never Wise to Have Some One Else Pack Your Trunk for You—Needlework Notes—Initials Should Always Be Embroidered in Hoops—Six Excellent Tried Recipes—Little Stuffed Steaks Very Good.

#### PACKING AS A FINE ART

Most people are afraid of crushing their clothes by packing them too tightly, yet this is the secret of successful packing. If they are allowed room to slide and slip, they will come forth wrinkled and rumpled, whereas if they are firmly held in place in a trunk which is not too large for its contents, you will get far better results. A hostess shudders, too, on beholding the arrival of a mammoth trunk. It is very inconscient to encumber her with too much luggage, and this is a point to remember if you would be a welcome guest.

In planning for a summer tour, you should always arrange your packing so that the things you need most and first will be near the top. The heavier garments, which you take with you for emergencies in case of cold weather, may be neatly packed at the very bottom, and if covered securely with a piece of cloth and held in place either by pins or tapes, will act as a false bottom and will not interfere with the lighter clothes.

There is nothing that looks so untidy as wrinkled crowns, and nothing that so takes away from your smart appearance, as the crumpled look of an elaborate costume, so that an hour or two expended upon careful packing is not wasted.

No garment should ever be folded until it is perfectly dry. Every plaited skirt should have each plait carefully caught in place at the hem before packing. Then the skirt should be carefully folded with tissue paper in the fold, and it will come out of the trunk in perfect condition.

Tissue paper is an essential to good packing. It should be placed within every fold; it should be used to stuff out sleeves, bows and puffs, and to place around flowers and beneath feathers, and to fill out vacant corners. It is light and does not add to the weight of luggage.

If there is an abundance of space in a trunk it is a good idea to leave coats on hangers, first filling out the sleeves and fronts; but if this is not convenient, fold the coat inside out, placing the sleeves together, front touching front, then fold once lengthwise, with tissue paper in between, the sleeves also being kept in shape with a slight stuffing.

Some soft gowns are kept smoother by being rolled over a heavy newspaper roll, that has been first covered with sheets of tissue paper, than by straight packing. This, of course, depends upon the material and whether you can accommodate it to a given space.

If your trunk does not contain the modern trays and compartments, paper boxes are a safeguard. Evening gowns may be least uncrushed by placing them in a separate box, and smaller boxes that fit in the upper tray can be utilized for the many little accessories. Label these boxes with the contents, which saves both time and temper. An elastic band or ribbon

will keep the lids in place even if the trunk be turned upside down.

Hats should be pinned in firmly, even though they be well protected by stuffing and wrappings, and extra tapes in trays will keep garments from sliding and slipping.

It is never wise to have some one else pack for you, unless it is your maid, who will not know where the buttons, for you will not know where, to find what you need on short notice, and will only succeed in rumpling your clothes in your vain search.

The pieces to be applied should be basted in place so that the threads of the linen run in the same direction as those of the background. When basting the appliqued pieces in place keep the work perfectly flat.

Embroider through both thicknesses of the goods with small, even buttonholing, throwing the puri toward the outer edge. After the buttonholing is finished the extra material is cut away close to the puri edge, taking care not to cut the goods underneath.

Work chain stitch is sometimes looped around certain parts of an applique pattern, and it adds to the appearance of this work. This, with perhaps a bit of satin stitch and outlining are the only stitches used beside the buttonholing. Very often the entire embroidery is done with the buttonhole stitch.

Needles to Use. Most needle workers use the long-eyed or crewel needle for embroidery. Good results can, of course, be secured with the common sewing needle, but a long-eyed needle facilitates the work in that the different grades of cotton and silk are more easily threaded, without being ruffled.

For a material such as butcher's linen, No. 7 crewel needle would be the correct size to use. For fine French embroidery No. 10 needle should be used.

If you cannot secure a Normandy or punch-work needle, a large darning needle can be utilized for the punch embroidery.

Initials should always be embroidered in hoops or in an embroidery frame, for the material must be held perfectly straight and taut. If hoops are used, the two parts should fit very closely together, and if they do not fit, then the upper hoop should

be wrapped with narrow tape or thin strips of lawn. It is impossible to do good work if the material is the least bit wrinkled or sagged. Use a slender needle, just large enough to carry the cotton, as a big needle punches too large a hole in the material when taking the stitches. The stitches, necessarily, are very close together and the holes, as the needle is brought up and down, should be as small as possible.

RECIPIES. Carrot Marmalade. A delicious marmalade is made of carrots, but strongly resembles orange marmalade, both in coloring and flavor. Boil three cups of diced carrots and put through the vegetable press. Make a syrup of two cups of sugar and one and one-half cups of water, boil for five minutes and add the carrots and three tablespoons of lemon juice. Boil very slowly for an hour and pour into glasses.

Dried Apricot Marmalade. Four pounds of dried apricots, three pounds of sugar, cold water. Select, if possible, large fruit. Wash thoroughly and soak for twenty-four hours in enough water to cover. Turn apricots into preserving kettle and add the sugar, together with one pint of water. Cook very slowly until reduced to a marmalade, stirring occasionally during the cooking process. It is well, in cooking any such mixture as the above to stand the kettle on an asbestos mat so as to temper the heat. An excellent plan, in making marmalades or heavy jams of any kind, is to put eight or ten ordinary marbles into the preserving kettle with the fruit. These will roll about the bottom of the kettle while the cooking is going on, and will prevent the contents burning.

Mint Jelly. Use any good cooking apples, preferably greenings, for this jelly, preferring them in the usual way, and adding a good sized package of dried mint in case you cannot find fresh mint in the garden. When the apples are soft, put into the jelly bag, strain off all the juice and measure it. Make in the usual way, adding to the juice the contents of another package of mint tied up in a muslin bag, and color a delicate green with the harmless vegetable coloring that may be purchased at the grocer's.

Little Stuffed Steaks. One and a half pounds of round steak about half an inch thick; then cut in pieces about six inches long and four wide, place on each piece a large tablespoon of dressing made of one cup of stale bread crumbs, one tablespoon of chopped parsley, one tablespoon of chopped onion browned in butter, half teaspoon salt and two or three dashes pepper. Roll up the little steaks and secure with small toothpicks or skewer. Put a tablespoon of butter and a cup of hot water in bottom of a baking pan or in a heated casserole dish with the little steaks, and place in a hot oven and bake three-quarters of an hour. If baked in an open pan, baste them frequently after they begin to brown. Thicken the gravy and strain over the steaks when arranged on a heated platter.

Cook spinach in boiling water until tender, rub through a sieve. Melt one tablespoon of butter, add spinach and cook two minutes; sprinkle with two-thirds tablespoon of flour, cook a few minutes and add one-fourth cup cream. Garnish buttered molds with slices of hard-boiled. Set in a pan of hot water and bake fifteen minutes. Serve with white sauce.

### IRMITATING AND DISFIGURING PIMPLES

#### On Face, Also Blackheads, Pimples Red and Inflamed, Cuticura Soap and Cuticura Ointment Cured.

R. F. D. No. 2, Advance, Mo.—"I had a very bad case of pimples on my face which were very troublesome, as they would get sore and would leave red spots where they healed. I also had blackheads in my skin. The pimples were red and inflamed and would come to a head. They would run yellowish pus and each one had a hard core-like lump in it. They were very irritating and disfiguring.

"I was troubled with them six months and had tried several remedies which did not good. Cuticura Soap and Ointment did the work. I would wash my face with the Soap and hot water then apply the Ointment. In about half an hour I would wash again with the Soap. In two months I was cured and the red spots have gone."

(Signed) Miss Olive Richmond, Oct. 17, 1913. A generation of mothers has found no soap so well suited for cleansing and purifying the skin and hair of infants and children as Cuticura Soap. Its absolute purity and refreshing fragrance alone are enough to recommend it above ordinary soaps, but there are added to these qualities delicate yet effective emollient properties, derived from Cuticura Ointment, which render it most valuable in overcoming a tendency to distressing eruptions and promoting a normal condition of skin and hair health. Cuticura Soap (25c) and Cuticura Ointment (50c) sold everywhere. Liberal samples of each mailed free, with 32-p. book. Address Post-card "Cuticura, Dept. T, Boston."

Men who shave and shampoo with Cuticura Soap will find it best for skin and scalp.

#### MANNISH CLOTHES PREDICTED

By Paul Poiret.

Spatted and hatted, trouser-skirted and pocketed, the well-dressed woman of Spring, 1914, may enjoy all the freedom of men's clothes, and yet appear wholly feminine.

Waistcoats, suspenders, trouser-belts, military buttons, linen collars and more pockets than a woman ever expected—pockets that she can even use without danger of spoiling her silhouette.

Somebody asks, "Are they really trousers?" No, but they are the nearest approach to them ever designed for feminine wear. And besides being practical for the golf links, the polo field, the race course, and other athletic centers, these mannish clothes are femininely charming.

The first indication of these masculine costumes was given in a garment made by Paul Poiret in January. It was a skirt that looked a little like modified trousers with coat, pockets and waistcoat plainly suggested by man's clothes. Now the Paris fashions for spring and summer designed not only by Paul Poiret, but by Jeanne Lanvin, and others, go still further along these lines. Tailored suits inspired by man's dress—this is the latest message of Paris to the world of fashion.

Paul Poiret, in the interview given below describes the new tendencies in dress to the wind of emancipation now blowing over woman.

Read his prediction for 1924. WOMEN'S DRESS IN 1924, PAUL POIRET'S PREDICTION. (From a London Newspaper of Recent Date.)

## BAKER'S COCOA IS PURE AND GOOD



### Known the world over as The Cocoa of High Quality

Its delicious flavor and perfect digestibility make it a food drink of exceptionally great value.

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WALTER BAKER & CO. Ltd. DORCHESTER, MASS. Established 1780

round bout between Jimmy Clabby and Billy Murray a draw at the end of the match at Daly City tonight.

The referee must have given Murray a lot of credit for his work in the fifteenth, when he had the Indian in a bad way, but could not get in a decisive punch.

Referee Griffith says he gave Clabby nine of the first twelve rounds and that he called the bout a draw because he figured Murray did enough damage in the last six rounds to offset the lead gained by Clabby in the earlier periods.

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

### BIG FOUR START POLO PRACTICE

New York, April 4.—With Harry Payne Whitney, Devereux Milburn and Larry and Monty Waterbury, the old members of the Big Four in international polo, on hand active practice for the coming match he started today at Lakewood, N. J. Foxall P. Keene, Malcolm Stevenson, Louis Stoddard, Rene La Montagne, Howard Phipps and a score of lesser known players were also on the field.

Nothing has yet been done regarding the making up of the team. The Big Four will aid in practice but the chances of their forming a combination for the defense of the international cup is not at all probable.

MAKING TEST PARCEL POST PACKAGE WEIGHT. Salt Lake, April 4.—The postoffice clerks are having busy days now, as every parcel post package which goes out of the office is being carefully weighed, pursuant to orders issued by the department at Washington.



Men's half soles, sewed, and heels ..... \$1.00  
Ladies' half soles, sewed, and heels ..... 75c  
Boys' half soles, sewed and heels ..... 75c to 90c  
Girls' half soles, sewed, and heels ..... 50c to 75c

Paul Mark's Shoe Shop 2445 GRANT AVE.

drilling of four more wells. The proven field is about eight miles long and four miles wide and the Pine Dome company's territory lies at the northwest corner of this area.

CANNON SAILS FOR BERMUDE. New York, N. Y., April 4.—Joseph G. Cannon, formerly speaker of the House of Representatives, sailed for Bermuda today.

### UTAH VOTES FOR TREE TEA



Then the Pastor showed that those whom God has begotten of His Holy Spirit as New Creatures enter the School of Christ for character-development. There they must grow in grace, knowledge and love. As St. Paul explains, they must be mentally transformed, made ready for the Kingdom of God. Thereafter matters are to be decided, not according to their own preferences, but according to the principles of justice and love—by rules altogether different from those that formerly regulated them.

CHICHESTER'S PILLS  
The Famous Pills  
Ladies! Ask your Druggist for CHICHESTER'S PILLS to cure all those troubles which are caused by irregularity of the monthly visit. Take one pill. Box of four pills is sent by mail on receipt of 25c.

## Better Than Wealth

is perfect health; but to enjoy good health it is necessary first to get rid of the minor ailments caused by defective or irregular action of the stomach, liver, kidneys and bowels,—ailments which spoil life, dull pleasure, and make all sufferers feel tired or good for nothing.

# BEECHAM'S PILLS

(The Largest Sale of Any Medicine in the World)

have proved themselves to be the best corrective or preventive of these troubles. They insure better feelings and those who rely upon them soon find themselves so brisk and strong they are better able to work and enjoy life. For that reason alone, Beecham's Pills are

## The Favorite Family Medicine

Sold everywhere. In boxes, 10c, 25c. Directions with every box show the way to good health.

It is only a Question of time until you will wear

# Scowcroft's Never-Rip Overalls

WHY NOT START RIGHT NOW?

Ask the man who already wears them. He will tell you he never knew there could be such a difference in OVERALLS  
MADE IN OGDEN UNION MADE  
JOHN SCOWCROFT & SONS CO., Manufacturers